

LENT 2024

A 40-Day+ Journey

Feb 14 – March 28

The **Lenten Season** is a 40-day period during which Christians prepare their hearts and minds for Easter weekend (when we remember what Christ accomplished on our behalf in his death and resurrection). Traditionally, it begins on Ash Wednesday (February 14, 2024) and ends the Thursday before Easter Weekend (Sundays were not included in the 40-day count as they are considered a day of rest).

During this time, many Christians fast (abstain from) things of the world in order to stand in solidarity with Christ who gave up everything for us. We do this not as a duty or obligation, but out of love and devotion in order to: (1) Remember Christ – We are forgetful and aren't always able to hold in our hearts the weight of Christ's sacrifice for us. Setting aside time to focus on the cross will help us remember. (2) Renew our love for Christ – As we remember God's love for us, our love and passion for Him is ignited afresh.

Lent signifies in the life of the believer reflection, repentance, readiness, and renewal. We reflect on the suffering of Christ as we fast. We repent of our part in putting Him there and confess the ways we continue to rebel. We ready our hearts for Passion Week (week before Easter Sunday). We are renewed spiritually and grow more in passion for and devotion to Christ. Not only do we fast during Lent, we also intentionally feast on the word of God, filling our hearts with the bread of life, and intentionally set aside time for prayer, strengthening our intimacy with God.

As a church we will be observing Lent in two major ways:

(1) Fasting

All are encouraged to give something up for the Lenten Season. This can a food/beverage item (dessert, coffee, meat, etc.) – some also opt to do the “Daniel Fast” (eating fruits/veggies only and just liquids during Passion week) during Lent. You can also choose some form of media (TV, computer/video games, social media, etc.), some activity, etc. Choose whatever would be meaningful for you. If you fall short in your fast, don’t be discouraged, just pick it up again! The whole point of the cross is God showing grace and love to us, so there is no need for legalism or guilt.

(2) Feasting

Lent has always been a time to turn our attention to all that has been done for us on the cross in Christ. This lavish gift can be meditated on year after year, and still would leave us to wonder in amazement. Through this reading plan, you will walk through the gospel accounts, tracing the steps of Jesus during his last week of his earthly ministry. This plan is 47 days in length, but the seven Sundays are days of rest according to tradition. We also encourage you to commit time to **prayer** as you go through the readings.

Remember, we are doing this as a **community**! Let’s draw closer to Him together during this Lent season!

Day	Today's Scripture Reading
Day 1	Matthew 1-3
Day 2	Matthew 4-6
Day 3	Matthew 7-9
Day 4	Matthew 10-Matthew 12
Day 5	Take a Break
Day 6	Matthew 13-Matthew 14
Day 7	Matthew 15-Matthew 16
Day 8	Matthew 17-Matthew 18
Day 9	Matthew 19-Matthew 20
Day 10	Matthew 21-Matthew 22
Day 11	Matthew 23-Matthew 24
Day 12	Take a Break
Day 13	Matthew 25-Matthew 26
Day 14	Matthew 27-Matthew 28
Day 15	Mark 1-Mark 3
Day 16	Mark 4-Mark 6
Day 17	Mark 7-Mark 9
Day 18	Mark 10-Mark 12
Day 19	Take a Break
Day 20	Mark 13-Mark 14
Day 21	Mark 15-Mark 16
Day 22	Luke 1-Luke 3
Day 23	Luke 4-Luke 6

Day 24	Luke 7-Luke 9
Day 25	Luke 10-Luke 12
Day 26	Take a Break
Day 27	Luke 13-Luke 14
Day 28	Luke 15-Luke 16
Day 29	Luke 17-Luke 18
Day 30	Luke 19-Luke 20
Day 31	Luke 21-Luke 22
Day 32	Luke 23-Luke 24
Day 33	Take a Break
Day 34	John 1-John 2
Day 35	John 3-John 4
Day 36	John 5-John 6
Day 37	John 7-John 8
Day 38	John 9-John 10
Day 39	John 11-John 12
Day 40	Take a Break
Day 41	John 13-John 14
Day 42	John 15-John 16
Day 43	John 17-John 18
Day 44	John 19-John 20
Day 45	John 21
Day 46	1 Corinthians 15
Day 47	It's Easter!